

The Rhythm of God

DISCUSSION GUIDE

UNDERSTANDING THE SEASON: God, The Creator, designed all creation to carry a certain rhythm. The earth's orbit makes a circle around the sun every year as it rotates on its axis every day. Our bodies display rhythm in the way our heart beats, in our breathing patterns and even in our cellular activity. The rhythm of God seems to be sown into the fabric of all creation. The very idea that God's mercies are new every morning points to a daily rhythm of seeking God. God's wonderful plan is for us to be awake and engaged. We are to be spiritually awake to the revelation of Christ and practically engaged in the practices of Jesus. Our patterns reveal our priorities. The rhythm of our lives can be born from the rhythm of God.

It is God's plan for us to develop the rhythm of drawing close to His heart and hearing His voice together as a spiritual family. This explains the first question we start with in our groups:

DISCUSSION QUESTION:

1. Where are you reading in your Bible and what are you sensing from God?

FOR GROUP LEADERS: The focus of the day is discovering the power of routines that carry the life-giving rhythm of God. A great conversation starter might be to ask people to share some of the routines in life they most enjoy and why.

Proverbs 29:18 *If people can't see what God is doing, they stumble all over themselves but when they attend to what he reveals, they are most blessed.* **MSG**

Notice the sense of daily rhythm in the following text:

Psalms 113:1-3 *Praise the Lord! Praise, O servants of the Lord, praise the name of the Lord! 2 Blessed be the name of the Lord from this time forth and forevermore! 3 From the rising of the sun to its setting, the name of the Lord is to be praised!* **ESV**

DISCUSSION QUESTIONS:

2. **DISCOVER:** Have each person give a simple 60 second summary of what these verses are saying, Encourage people to try not to add insights or application yet. Just simply summarize.
3. **DEVELOP:** What do you sense God may be speaking to you personally as we focus on these verses?
4. **DEPLOY:** We are to be doers and not hearers only. What will you do this week in response to what you sense God is revealing in this time together?

Everywhere we go, we bring...

GP2RL: Ask God to speak to you about your New Year's Revelation for 2024. What is on His heart for your life next year? He is a speaking God. We must be a listening people.